



TE AWA
Lifecare Village

TE AWA January 2025 PARTYLINE



Bless this seat



Onlookers-front left- Barbara and Diana. Back L-R Di, Brian, Gail, Malcolm, Mary, Bryan and Ted.



Onlookers from L- Jerry, Viv (Edgecombe) Terry, June (seated) Nurse Fiona beside her, Nikki, David and Keith (seated)



Kerry, Marie and Robin on the seat with Max Brown behind.



After the loss of her husband Grant, just over a year ago, Barbara Edgecombe commissioned an outdoor wooden seat from Black Dog Furniture, with a memorial plaque to Grant.

This had been positioned behind the Edgecombe Villa, beside the walkway from Aspen down to Horseshoe Bend.

On Thursday 16th January, a group of nearly 40 residents and staff gathered near the memorial seat.

Richard Seabrooke and Malcolm Baigent shared a few brief memories of Grant, emphasising how friendly and kind he had been to everyone in the

village, and then Richard proposed a b.y.o. memorial toast to Grant and the memorial seat.

Barbara then kindly invited us into Villa 8 where we shared another drink and further memories of the friend whom Max Brown had described as “a bloody good bloke!”

Malcolm



A word from Nikki

Well, just like that, we blinked and January disappeared! It's been another busy month at Te Awa, with some of our Head of Departments off enjoying a well-earned break.

The Christmas tree has been safely packed away for another year (we promise it won't make a reappearance in July!), and the village has been humming along.

We said goodbye to Shani, our lovely Diversional Therapist, as she heads off to teacher training—wishing her all the best! We have appointed someone new to step into the role, and they'll be starting shortly.

Meanwhile, I've been down to Mosgiel, handing over to the new Clinical Manager there, and closer to home, Level 2 is nearly complete, with the final villa's floor set to be poured soon. Exciting times ahead!

Our new beauty therapist, Michelle, has settled in wonderfully, and she comes highly recommended—just ask my mum, who had a foot massage and now claims she's ready for a sprint!

A huge thank you to those who have been recommending Te Awa to their friends—we've had lots of village enquiries, and we truly appreciate the word-of-mouth support.

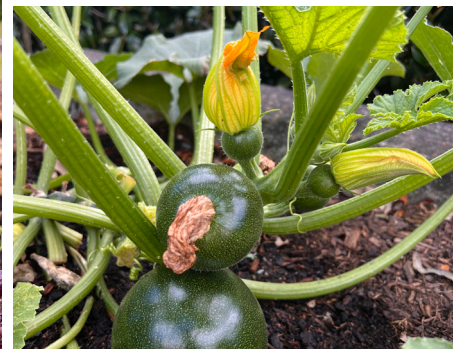
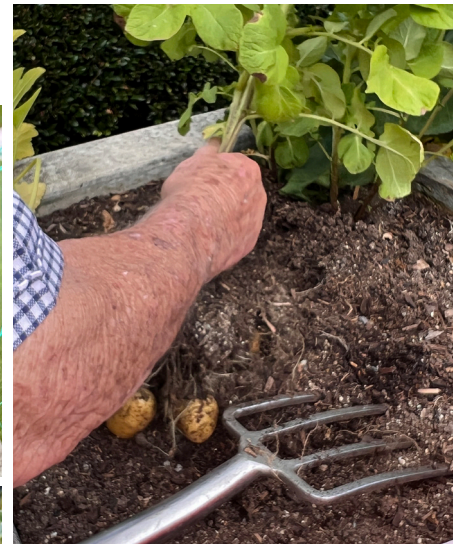
As for me, I'm looking forward to a couple of weeks off in February to recharge the batteries—hopefully, that involves a good mix of relaxation and adventure! See you all soon.

Bountiful summer harvest

Our residents' gardens are thriving and feeding them in style this summer!

With corn, beetroot, carrots, capsicum, French courgettes, strawberries, and new potatoes on the menu, it's a veritable feast fresh from their own backyards.

Nothing beats the satisfaction of homegrown produce—and the taste is second to none! However, with the lack of rain we've had, some vegetables may need a little extra watering, while others will start dying down as the season changes. A little care now will help keep the harvest going strong!



Residents' Nurse Clinic

Nurse Clinic at The Woolshed

Our Nurse Clinic is here to support your health and wellbeing!

Held in the Wellness Room at The Woolshed every Monday and Thursday from 2–3 pm, these 15-minute appointments offer residents the opportunity to discuss health concerns, check vitals, or for wound care dressings.

It's a great way to stay on top of your health in a relaxed setting.

Spaces are limited, so be sure to book your appointment now.

Check our activities calendar online

February is full of activities - from performances through to book reviews!"

Care Centre



Village



Celebrating the little things this Valentine's Day

Valentine's Day isn't about grand gestures or extravagant gifts; it's about the small, meaningful moments that show we care. It's the gentle touch of tucking your loved one into bed at night or the simple act of making them a cup of tea in the morning.

It's sharing a laugh over an old memory, holding hands during an evening stroll, or leaving a kind note to brighten their day. Love is found in these quiet, everyday gestures that remind us we are cherished.

This Valentine's Day, take a moment to celebrate those little acts of kindness and connection—they're the special every day of the year.



Potential new member for the Arnold Society?

6 month old Declan arrived a few minutes after the start of our meeting on Saturday 25th Jan. As a 4th generation member of the Malaghan family, he was accompanied by his Grandmother, Kim, and great-grandmother, Robin, together with the family portable kindergarten.

We weren't sure about his b.y.o. but he was seen sucking on something that looked suspiciously as though it fitted onto a bottle of liquid. Yep- straight from the bottle. This boy has potential.

We thought he was a bit slow on the politics, but our pre-kindergarten expert asserted that he was following every word. 'oooh' meaning 'no' and 'aaaah' meaning 'yes'. A grumbly sound was said to be a giggle, indicating a sense of humour, but some of us weren't so sure whether the noise was totally oral.

Never mind- young Declan was warmly welcomed and advised that in 70 years' time he would be eligible to join the senior members of the Society. - **Malcolm**

Dear Captain... Love, Nicola

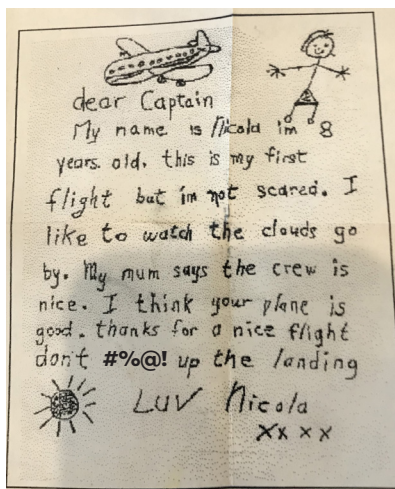
Being the Village Manager at Te Awa has its ups and downs—especially when your own parents live in the village and take great joy in sharing select childhood stories with the residents.

Take this week, for example, when a certain letter resurfaced from 8-year-old Nicola's very first plane trip. It was an adorable, thoughtful note addressed to the captain.

A natural-born leader, even at eight—offering feedback and a little pressure to perform. Some might say she was destined for management.

Of course, Nikki has matured since then. These days, she's much more professional and composed... except, perhaps, in moments of mild frustration (like printer jams or slow Wi-Fi), when an occasional naughty word may still slip out.

So if you ever hear a muttered expletive in the village, just remember—it's not rudeness, it's just decades of high standards in action.



INTRODUCING

Michelle Davies

Te Awa's Beauty and Massage Therapist



We are delighted to welcome Michelle Davies, our new Beauty and Massage Therapist at Te Awa. Michelle brings her expertise and a warm, caring personality to our residents, offering a wide range of treatments, including facials, dermaplaning, waxing, brow and lash tinting, manicures, pedicures, and full-body and scalp massages.

Michelle's journey into beauty and massage therapy began in 2022, following many years of farming. Her dedication to her studies paid off, earning her top marks in both theory and practical assignments during her time at polytechnic. Reflecting on this proud achievement, Michelle says, "It was an incredible moment for me to see my hard work recognised."

Living just 10 minutes from Matamata with her partner, Michelle enjoys an active lifestyle filled with outdoor adventures like walking, biking, and fishing. Weekends often see her exploring in their motorhome, indulging in four-wheel-drive trips, and taking time to unwind amidst nature.

Michelle's love for travel has also taken her to Singapore, a destination she fondly remembers for its stunning gold jewellery, vibrant markets, and immaculately presented gardens. "The culture there is fascinating, and the people are so friendly," she shares.

At Te Awa, Michelle is inspired by the opportunity to bring comfort and confidence to residents. "I love making people feel good about themselves," she explains. "This job is incredibly rewarding because I know that when people leave my door, they feel better and their day has been made brighter."

Over the coming weeks, Michelle looks forward to meeting everyone at Te Awa. Her gentle, compassionate nature and passion for her work make her a wonderful addition to our community.

Whether it's a relaxing massage or a beauty treatment, Michelle is here to ensure our residents feel cared for and revitalised. Welcome, Michelle!

From our Care Centre



A busy start to the year at Te Awa

It's been a lively couple of months for our residents at Te Awa! Christmas came and went in a flurry of family visits and celebrations, with some residents even enjoying trips away with loved ones.

January kicked off with a fantastic line-up of activities. Residents dived into arts and crafts sessions with Shani, baked delicious cupcakes, and tested their wits with a general knowledge quiz. Country drives brought scenic views and fresh air, including a wonderful outing to Waipuke Lake. Music has also been a highlight, with Alan Sayers returning to charm everyone with his electric guitar and hits from the 50s, 60s, and 70s.

Adding to the fun, we welcomed a new dance group, the Movers and Shakers. This energetic activity is not just a great way to stay fit but also a joyful way to move to some fabulous music.

Looking ahead, February is shaping up to be just as eventful. The month kicks off with grooming sessions for our ponies – always a resident favourite – followed by activities to celebrate Valentine's Day, which may include some heart-shaped baking.

Life at Te Awa is never dull, with a wonderful mix of creativity, connection, and fun to keep spirits high. Here's to more memorable moments in 2025!

Te Awa Lifecare Village | 1866 Cambridge Road | 07 827 6103 | admin@teawalifecare.nz